

BREAKFAST / Until 12 noon

Full English Breakfast 11.50

Local British pork sausage, bacon, hash brown, fried egg, slow roasted tomato, beans, mushroom and toast / Add black pudding +2.50

Vegan Breakfast VE GF 10.95

Vegan sausages, baked beans, slow roasted tomato, hash brown, mushroom, spinach and toast

American Breakfast 11.50

Pancakes, bacon, scrambled eggs, fried potatoes, syrup

Scrambled Eggs & Mushrooms V GF 5.95

In a warm ciabatta

Breakfast Ciabatta GF 6.95

Choose from sausage, bacon or vegan sausage served with a fried egg in a warm ciabatta

Toasted Muffin with a Rarebit Crust V 4.75

/ Add Sausage +2.50
/ Add Bacon +2.50
/ Add Egg +2

Pancakes with Strawberries V 7

Served with syrup

Pancakes with Bacon 8

Served with syrup

Homemade Granola V 5

Greek yoghurt and a berry compote

GRAZE / Available until 5pm

Toast and Preserves V GF 3.75

Toasted Sourdough Bread & Preserves V 3.95

Croissants & Preserves V 4

Toasted Tea Cake & Preserves V 4

Fruit Scone V 4

/ Add any hot drink for only +2.50

EGGS / Until 12 noon

Eggs on Toast V GF 5.50

Scrambled, poached or fried

Colombian Eggs V GF 9.50

Scrambled eggs on toasted sourdough with pico de gallo and guacamole

Benedict GF 9.75

Toasted muffin, poached eggs, bacon and homemade hollandaise

Royale GF 10.95

Toasted muffin, poached eggs, smoked salmon and homemade hollandaise

Omelettes GF 9.50

Served with toast

Choose from:

Bacon and mushroom

Cheddar and onion chutney V

Chorizo and chilli

Spinach and mushroom V

BREAKFAST ADD ONS

Sausage 2.50

Bacon GF 2.50

Smoked Salmon GF 3.50

Black Pudding 2.50

Hash Brown VE GF 2.50

Egg V GF 2

Vegan Sausage VE GF 2.50

Avocado VE GF 2.50

Field Mushroom VE GF 2

Slow Roasted Tomato VE GF 2

Halloumi V 3

Toast VE GF 2

LUNCH / 12 - 5pm

Served with salad garnish & root vegetable crisps

/ Upgrade to a small pot of skin on chips +2

Korean Crispy Chicken Flatbread 9.95

Asian slaw, spinach, wasabi mayonnaise, sesame seeds

Smoked Salmon & Avocado Stuffed Croissant 9.50

Warm croissant filled with smoked salmon, avocado and spinach

Club Sandwich GF 10.50

Chicken, bacon, egg mayonnaise, cheese and tomato stacked between toasted bread

Philly Cheese Steak Sandwich GF 9.95

Sautéed peppers, mushrooms, caramelised onion, cheddar

Fish Finger Stack 9.95

Toasted ciabatta layered with breaded cod goujons, rocket and tartare sauce

Falafel Flatbread V 9.50

Tzatziki, cucumber, red onion, spinach and tomato

Soup of the Day V GF 5.95

Served with ciabatta

Omelettes GF 9.50

Served with salad garnish and root vegetable crisps

Choose from:

Bacon and mushroom

Cheddar and onion chutney V

Chorizo and chilli

Spinach and mushroom V

Vegetarian V

Vegan VE

Gluten Free GF

Gluten Free Option Available GF

TAPAS / 12 - 9pm

Order individually as a light bite or starter

CHOOSE ANY 3 DISHES FOR ONLY £19.50

Venison Meatballs 9.50

Sweet & spicy glaze

Calamari 8.50

Aioli, sea salt

Jambon Croquettes 9

Chilli jam

Korean Crispy Chicken 9.50

Sweet chilli, spring onion, sesame seeds

Steak Brochette GF 9.50

Mongolian glaze

Chorizo & Bravas 9.25

Aji sauce

Halloumi Fries V GF 9

Honey, sesame seeds

King Prawn Skewers GF 8.50

Mojo rojo

Patatas Bravas V GF 8

Paprika sauce, aioli

Gochujang Cauliflower VE GF 7.95

Spring onion, sesame seeds

Padron Peppers VE GF 7.95

Maldon salt

Falafel Bites VE GF 8

Tzatziki

SIDES & SNACKS / 12 - 9pm

Skin On Chips VE 4.50

/ Add chilli and garlic mayonnaise +50p

Sweet Potato Fries VE 4.95

Trio of Moroccan Olives VE GF 4.50

Garlic Bread VE 4.25

/ Add cheese +1

Warm Pitta Bread V 4.95

Hummus, tzatziki and guacamole

Bread & Oil VE 4.50

Side Salad VE GF 4

MAINS / 12 - 9pm

Cod & Chips 16.95

Beer battered cod, skin on chips, mushy peas and homemade tartare sauce

8oz Heart of Rump GF 25

Served with skin on chips, slow roasted tomato and mushroom

/ Add peppercorn sauce for only +2

Vegetable Chilli V GF 14

Chilli on a bed of corn chips topped with cheddar cheese, guacamole, salsa, sour cream

Fish Pie 16

Cod, prawns and smoked salmon fish pie topped with filo pastry, buttered green beans, dill mash potatoes

Chicken Supreme GF 17.50

Roasted chicken, pomme puree, seasonal greens, tarragon jus

Spiced Aubergine & Tomato Tagine VE 15.50

Slow cooked aubergine, lemon, apricot tagine, herb and mixed pepper couscous

Why not upgrade any salad or main course with any add on:

Sliced avocado +2.50

Soft boiled egg +2

Garlic & chilli prawns +4

Halloumi +3

Herb steak +4.50

Herb chicken +3.50

Chorizo +4

Salmon fillet +5

SALADS / 12 - 9pm

Gilt House Salad VE GF 12.95

Sliced onion, cucumber, mixed seeds, cannellini beans, tomatoes, sliced avocado, mixed leaves with a house dressing

Nicoise V GF 12.95

Soft boiled egg, olives, green beans, sundried tomatoes, new potatoes, house dressing and parmesan

Poke Bowl GF VE 13.50

Sticky rice served with sliced avocado, shredded carrots, cucumber sticks, edamame, spring onions, sesame seeds, Sriracha mayonnaise and ginger soy sauce

Caesar Salad GF 12.95

Soft boiled egg, anchovies, romaine lettuce, croutons and parmesan

BURGERS / 12 - 9pm

All served in a toasted brioche bun with skin on chips and homemade coleslaw

House Burger GF 15.95

Caramelised onions, bacon, cheddar cheese, sliced tomatoes, lettuce leaves and Gilt burger sauce

Gilt Fried Chicken Burger GF 15.95

Fried buttermilk chicken, bacon, cheddar cheese and smoky BBQ sauce

Grilled Halloumi Burger V GF 15.95

Grilled halloumi, mushrooms, smashed avocado, lettuce, mayonnaise

DESSERTS / 12 - 9pm

Chocolate Trillionaires Tart V GF 7.50

Served with summer berry compote and vanilla ice cream - Vegan option available

Paradise Bowl V GF 6.95

A variety of fresh fruits served with yoghurt, raspberry sorbet and ground granola

Spanish Churros V 6.95

Cinnamon sugar, chocolate sauce

Lemon Posset 7.25

Homemade honeycomb, raspberry sorbet

Chocolate Brownie Sundae V 6.95

WEEKLY OFFERS

SUNDAY ROASTS

Enjoy our tailored Sunday menu featuring our fantastic Sunday roasts and some of our favourite dishes from our main menu. Please ask one of our members of staff for the menu.

TWO FOR THURSDAYS

Available 12pm - 9pm

Enjoy any two main dishes and a bottle of house wine for only £40 (£2.50 supplement on steak dish)

With live music from a talented local artist.

LIVE MUSIC

WEEKEND COCKTAILS TWO FOR £12

Enjoy two cocktails for only £12

Fridays & Saturdays from 5pm - Close

The offer applies to two of the same cocktails.

Please have a look at our drinks menu to see the available choices.

PRIVATE HIRE

OUR BOUTIQUE STYLE UPSTAIRS LOUNGE IS AVAILABLE TO HIRE FOR SPECIAL OCCASIONS.

Whether it is a birthday party, anniversary, work event or wedding, our experienced team will ensure everything goes smoothly on the day.

We have a wide range of food and drinks packages available.



Join Gilt for news,
events and special offers

www.giltcafe.bar



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Gilt
CAFÉ BAR

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