

WEEKLY OFFERS

SUNDAY ROASTS

Enjoy our tailored Sunday menu featuring our fantastic Sunday roasts and some of our favourite dishes from our main menu. Please ask one of our members of staff for this week's menu.

Available from 5pm - 9pm

A selection of dishes straight from our grill. All products are locally sourced from our award winning butchers, Owen Taylor. Booking highly advised.

TUESDAY GRILL NIGHT

TWO FOR THURSDAYS

Available 12am - 9pm

Enjoy any two main dishes and a bottle of house wine for only £35 (£2.50 supplement on steak dish) With live music from a talented local artist.

LIVE MUSIC

Enjoy two cocktails for only £12

Fridays & Saturdays from 6pm - Close

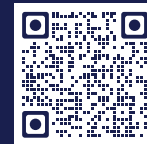
The offer applies to two of the same cocktails. Please have a look at our drinks menu to see the available choices.

WEEKEND COCKTAILS TWO FOR £12

PRIVATE HIRE

OUR BOUTIQUE STYLE UPSTAIRS LOUNGE IS AVAILABLE TO HIRE FOR SPECIAL OCCASIONS.

Whether it is a birthday party, anniversary, work event or wedding, our experienced team will ensure everything goes smoothly on the day. We have a wide range of food and drinks packages available.



Join Gilt for news, events and special offers

www.giltcafe.bar



• Since 2009 •

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Gilt
CAFÉ BAR

KITCHEN

BREAKFAST / Until 12 noon

Full English Breakfast Local British pork sausage, bacon, hash brown, fried egg, slow roasted tomato, beans, mushrooms and toast <i>/ Add black pudding +1.50</i>	9.50
Vegan Breakfast ^{VB GF} Vegan sausage, baked beans, slow roasted tomato, hash brown, mushrooms, spinach and toast	9.25
Scrambled Eggs and Mushrooms in a warm ciabatta ^{V GF}	5.75
Sausage or Bacon with a Fried Egg in a warm ciabatta ^{GF}	6
Toasted Muffin with a Rarebit Crust ^V <i>/ Add Sausage +1.50</i> <i>/ Add Bacon +1.50</i> <i>/ Add Egg +1</i>	4.50
Smashed Avocado on Sourdough Toast ^{VB GF} Served with mushrooms and spinach	7.25

EGGS / Until 12 noon

Eggs on Toast ^{V GF} Scrambled, poached or fried	5
Benedict ^{GF} Toasted muffin, poached eggs, bacon and hollandaise	7.95
Royale ^{GF} Toasted muffin, poached eggs, smoked salmon and hollandaise	8.75
Florentine ^{V GF} Toasted muffin, poached eggs, spinach and hollandaise	7.95
Colombian Eggs ^{V GF} Toasted sourdough, scrambled eggs, guacamole and tomato salsa <i>/ Add smoked salmon +2.50</i> <i>/ Add bacon +1.50</i> <i>/ Add halloumi +2</i>	7.25
Vegetarian ^V	
Vegan ^{VE}	
Gluten Free ^{GF}	
Gluten Free Option Available ^{GF}	

Summer Fruits Porridge ^{V GF} Served with honey	6.50
Pancakes with Strawberries ^V Served with maple syrup	6.50
Pancakes with Bacon Served with maple syrup	7.25
Granola ^V Served with Greek yoghurt and a mixed berry compote	5
Toasted Tea Cake and Preserves ^V	3.95
Toast and Preserves ^{V GF}	3.50
Toasted Sourdough Bread and Preserves ^V	3.95

Omelettes ^{GF} Served with toast	8
Choose from: <i>Cheese and tomato</i> ^V <i>Bacon and mushroom</i> <i>Smoked salmon and spinach</i> <i>Spinach and mushroom</i> ^V	

BREAKFAST ADD ONS

Sausage	1.50
Bacon ^{GF}	1.50
Hash Browns ^{VE GF}	1.50
Smoked Salmon ^{GF}	2.50
Black Pudding	1.50
Egg ^{V GF}	1
Vegan Sausage ^{VE GF}	1.50
Avocado ^{VE GF}	1.50
Field Mushroom ^{VE GF}	1
Grilled Tomato ^{VE GF}	1
Halloumi ^{V GF}	2
Maple Syrup ^{VE GF}	1.50

LUNCH / 12 - 5pm

Served with salad garnish and root vegetable crisps <i>/ Upgrade to small pot of house fries +2</i> <i>/ Upgrade to small pot of sweet potato fries +2.50</i>	
Prawn and Avocado Ciabatta ^{GF}	8.75
Served with a lemon and dill mayonnaise, sliced avocado and watercress on a toasted ciabatta	
Club Sandwich ^{GF}	9.75
Chicken, bacon, egg mayonnaise, cheese and tomato stacked between toasted bloomer	
Chimichurri Steak Ciabatta ^{GF}	9.75
Sliced rump steak served with caramelised onions, cheddar cheese, Chimichurri and mixed leaves on a toasted ciabatta	
Fish Finger Stack	9.25
White sliced bloomer layered with breaded cod goujons, rocket and tartare sauce	
Grilled Halloumi Wrap ^V	8.75
Halloumi with roasted vegetables and tomato relish in a tortilla wrap <i>- Vegan option available</i>	
BBQ Pulled Pork Bun ^{GF}	9.50
Served with crunchy slaw, sliced pickles and crispy shallots	
Soup of the Day ^{V GF}	5.50
Served with bloomer bread	
Omelettes ^{GF}	8
Served with salad garnish and root vegetable crisps	
Choose from: <i>Cheese and tomato</i> ^V <i>Bacon and mushroom</i> <i>Smoked salmon and spinach</i> <i>Spinach and mushroom</i> ^V	

SIDES & SNACKS / 12 - 9pm

House Fries ^{VE GF} <i>/ Add chilli and garlic mayonnaise +50p</i>	4
Sweet Potato Fries ^{VE GF}	4.25
Garlic and Parmesan Fries ^{GF}	4.50
Garlic Bread ^{VE} <i>/ Add cheese +50p</i>	3.50

TAPAS / 12 - 9pm

Order individually as a light bite or starter	
CHOOSE ANY 3 DISHES FOR ONLY £18	
Crispy Squid With paprika lemon sauce	7.50
Spanish Meatballs ^{GF} Served with a smoky tomato sauce and crusty bread	8.50
Gilt Popcorn Chicken Served with honey and mustard mayonnaise	8.25
Tempura King Prawns Served with ginger soy sauce	8.50
Herb Marinated Steak ^{GF} Served with salsa verde	8.50
Paprika Halloumi Fries ^V Served with lemon aioli	8.25
Gambas Pil Pil ^{GF}	8.50
Sticky BBQ Pork Belly ^{GF} Served with crunchy slaw	8.50
Veg Spring Rolls ^V Served with sweet chilli sauce	7.50
Patatas Bravas ^{V GF} Served with paprika sauce	7
Grilled Padron Peppers ^{VE GF} With smoked Maldon salt	7
Pulled Pork Bruschetta Served with crispy shallots	7.95

Side Salad ^{VE GF}	3.50
Trio of Moroccan Olives ^{VE GF}	4
Warm Pitta Bread ^{VE} With hummus, homemade tomato salsa and guacamole	4.50
Bread and Oil ^{VE}	3.50

MAINS / 12 - 9pm

Cod & Chips Navigation beer battered cod, triple cooked chips, mushy peas and homemade tartare sauce	15
8oz Sirloin Steak ^{GF} Served with triple cooked chips, slow roasted tomato and mushroom <i>/ Add a sauce</i> ^{GF +2} <i>Blue Cheese / Peppercorn / Diane</i>	21.95
Beef Lasagne Served with a watercress, baby spinach and parmesan side salad and garlic bread	12.95
Halloumi Kebabs ^V Skewered with red onions, peppers and tomatoes served with warm giant couscous, salad, pitta bread, tzatziki, baba ghanoush and hummus	14.50
House Salad ^{VE} Mixed leaves, sun dried tomatoes, roasted red peppers and avocado tossed with giant couscous served with a mustard dressing <i>/ Add grilled chicken and bacon +2.50</i> <i>/ Add halloumi</i> ^{V +2}	10.95
Slow Roasted Pork Belly ^{GF} Served with a potato terrine, buttered seasonal greens and a cider jus	16.50
Coconut Curry Noodle Bowl ^V Served with cashew nuts and stir-fried vegetables	14.50
Chilli Prawn & Spinach Tagliatelle Served with garlic bread and parmesan cheese	14
Pan Fried Chicken Supreme ^{GF} Served with Parmentier potatoes, charred Tenderstem broccoli and a mushroom and tarragon sauce	17
Salmon Niçoise Salad ^{GF} Served with new potatoes, green beans, mixed olives, baby lettuce, soft egg, sundried tomatoes and lemon Dijon dressing	15.50
Poke Bowl ^{VE GF} Sticky rice poke bowl served with sliced avocado, shredded carrots, cucumber sticks, edamame, spring onions, black sesame seeds and sriracha mayonnaise <i>/ Add lemon and herb chicken +2.50</i> <i>/ Add herb marinated sliced steak +3.50</i> <i>/ Add garlic and chilli king prawns +3.50</i>	11.95

BURGERS / 12 - 9pm

All served in a toasted brioche bun with house fries and homemade coleslaw	
House Burger ^{GF} Caramelised onions, bacon, cheddar cheese, sliced tomatoes, lettuce leaves and Gilt burger sauce <i>/ Add BBQ pulled pork +£2.50</i>	14.50
Mexican Chicken Burger ^{GF} Grilled Mexican spiced chicken, cheddar cheese, guacamole and chipotle mayonnaise	14.50
Moving Mountain Burger ^{VE GF} Served with Caramelised onions, vegan cheese, crispy shallots and sriracha mayonnaise	14.50
Chocolate Trillionaires Tart ^{V GF} Served with summer fruits compote and vanilla ice cream <i>- Vegan option available</i>	6.50
Orange Posset ^V Served with shortbread biscuits	6.50
Summer Fruits Sundae ^{GF}	6.75
British Strawberry Pannacotta ^{V GF} Served with meringue and vanilla ice cream	6.50
Gilt Affogato ^V Ice cream, Amaretto and espresso	7.50